

COMMUNITY HEALTH IMPROVEMENT PLAN (CHIP)

- **General Overview (1-hour lesson)**
 - Overview of the current CHIP that identifies specific priorities and strategies to improve the health of the community.
- **Behavioral Health Overview (1-hour lesson)**
 - Highlights key mental health data collected in the most recent Community Health Needs Assessment (CHNA) and strategies proposed to improve specific outcomes like poor mental health, depression, and suicide.
- **Obesity and Associated Health Behaviors (1-hour lesson)**
 - Features key obesity and associated behaviors data collected in the most recent Community Health Assessment (CHNA) and strategies proposed to improve specific outcomes such as a reduction in youth and adult obesity and an increase in leisure time.
- **Substance Use (1-hour lesson)**
 - Covers key substance use data collected in the most recent Community Health Assessment (CHNA) and strategies proposed to improve specific outcomes such as decreasing: drug-induced deaths, the percentage of adult's binge drinking, and teen vape use.
- Visit www.healthyscc.org to learn more on the CHNA/CHIP.

STORMWATER PROGRAMS

- **Pollution Solutions (30 minute lesson)**
 - In this interactive presentation students learn how different pollutants affect stormwater. A watershed model will be used to demonstrate stormwater runoff.
- **My Watershed Address (50 minute lesson)**
 - Students learn what a watershed is and relate it to their address in this hands-on learning experience. Discover how Best Management Practices affect local lakes and rivers.
- **One Drop (40 minute lesson)**
 - Learn how precious fresh water is and what a valuable resource we have in St. Clair County during this hands-on learning experience. Water conservation practices will be taught.
- **Stormwater Cycle (50 minute lesson)**
 - Students learn about the water cycle and stormwater's role in our local watershed. Students will divide into small groups to conduct an experiment.
- **Ground Water System (50 minute lesson)**
 - Study the geology of our region by comparing how water moves through different substrates. Learn about groundwater, wells and aquifers. Apply this knowledge to Best Management Practices.

CONTACT US TODAY!



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HEALTH EDUCATION PREVENTION PROGRAMS

Community Health Education is dedicated to supporting the health, safety, and well-being of the community through our comprehensive prevention programs.

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HEALTH DEPARTMENT
Our Community. Our Environment.

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ENVIRONMENTAL HEALTH

- **Bed Bugs 101 (1-hour lesson)**
 - Focuses on biology, behavior, how to identify if there is a bed bug infestation, how to prevent an outbreak, and how to treat a problem.
- **Allergies and Asthma (1-hour lesson)**
 - Overview of disease processes and management; discusses how to respond to anaphylaxis and/or asthma attacks, and includes EpiPen™ demonstration.
- **Bloodborne Pathogens (1-hour lesson)**
 - Training for non-healthcare staff on how bloodborne pathogens are spread, how to avoid exposure and what to do if exposed to infectious materials. Occupational Safety and Health Administration (OSHA) requirements will be covered.
- **Head Lice, Bed Bugs, and Scabies (1-hour lesson)**
 - Educates on how to recognize signs and symptoms, treatment, management and prevention of head lice, bed bugs, and scabies.



HEALTHY LIVING

- **Hygiene (1-hour lesson)**
 - Covers basics of personal hygiene, cleanliness, and infection prevention.
- **Taking Control of Your Health (1-hour lesson)**
 - Topics include how to obtain health insurance, establishing primary care, and tips for talking to the doctor.
- **Contraception 101 (1-hour lesson)**
 - Educates on birth control, family planning methods, benefits and drawbacks, and how to access services.
- **Sexually Transmitted Infections (STIs) (1-hour lesson)**
 - Educates on transmission, common types, symptoms, treatment options, testing, risk reduction and prevention.

PUBLIC HEALTH 101

- **Essential Public Health Services (1-hour lesson)**
 - Overview of the 10 Essential Public Health Services and the services provided at the St. Clair County Health Department.
- **Health Equity (1-hour lesson)**
 - Explores the structural and societal forces present that can disproportionately impact the health of certain populations and ways we can work together to counter them.
- **History of Public Health (1-hour lesson)**
 - Identifies prominent events and notable achievements in the field.

SUBSTANCE USE

- **Emerging Drug Trends (1-hour lesson)**
 - Discussion on current trends in substance use, misuse and disorders among adolescents; includes information on recognizing and responding to signs and symptoms of substance use disorders.
- **How To Talk To Your Teen About Drugs (1-hour lesson)**
 - Presentation empowering parents to identify drug use in their teen and ways to talk to them about prevention, treatment, and recovery. For parents, guardians, caregivers and school staff.
- **Vaping and Opioid Education (1-hour lesson)**
 - Basic information on vaping and opioids for middle/high school students, school staff or parents. Content includes health and social risks of use.

